

Ascend Wellness Holdings Announces Upcoming Investor Conferences

May 9, 2024

NEW YORK, May 9, 2024 /PRNewswire/ - Ascend Wellness Holdings, Inc. (or "Ascend") (CSE: AAWH-U.CN) (OTCQX: AAWH), a multi-state, vertically integrated cannabis operator, announced today that the Company will participate in the following upcoming conferences:

- 19th Annual Needham Technology, Media, & Consumer Conference, May 16, 2024: John Hartmann, Chief Executive Officer, will participate in a virtual fireside panel. Contact your Needham representative to participate.
- Canaccord Genuity's 8th Annual Global Cannabis Conference, May 23, 2024:

John Hartmann will take part in a panel and one-on-one investor meetings at the conference in NYC. Mark Cassebaum, Chief Financial Officer, and Rebecca Conti Koar, Executive Vice President of Investor Relations & Strategy will also participate in one-on-one investor meetings over the duration of the conference. Contact your Canaccord representative to participate.

• 7th KCSA Virtual Cannabis Conference, June 5, 2024:

John Hartmann will participate in a virtual fireside chat. The recording of the fireside chat will be available on the conference website for 90 days following the conference. To register for the conference please click here.

Information about our events and materials for the conferences can be found here.

About Ascend Wellness Holdings, Inc.

AWH is a vertically integrated operator with assets in Illinois, Maryland, Massachusetts, Michigan, Ohio, New Jersey, and Pennsylvania. AWH owns and operates state-of-the-art cultivation facilities, growing award-winning strains and producing a curated selection of products for retail and wholesale customers. AWH produces and distributes its in-house Common Goods, Simply Herb, Ozone, Ozone Reserve, Tunnel Vision, and Royale branded products. For more information, visit <u>www.awholdings.com</u>.

Cautionary Note Regarding Forward-Looking Information

This news release includes forward-looking information and statements, which may include, but are not limited to, the plans, intentions, expectations, estimates, and beliefs of the Company. Words such as "expects", "continue", "will", "anticipates" and "intends" or similar expressions are intended to identify forward-looking information and statements. Without limiting the generality of the preceding statement, this news release contains forward-looking information and statements concerning the Company's current projections and expectations about future events and financial trends, the timely receipt of all required regulatory approvals, and the general stability of the economic and political environment. We caution investors that any such forward-looking information and statements are based on certain assumptions and analysis made by the Company in light of the experience of the Company and its perception of historical trends, current conditions and expected future developments, and other factors management believes are appropriate.

Forward-looking information and statements involve and are subject to assumptions and known and unknown risks, uncertainties, and other factors which may cause actual events, results, performance, or achievements of the Company to be materially different from future events, results, performance, and achievements expressed or implied by forward-looking information and statements herein. Such factors include, among others, the risks and uncertainties identified in the Company's Annual Report on Form 10-K for the year ended December 31, 2023, and in the Company's other reports and filings with the applicable Canadian securities regulators on its profile on SEDAR+ at www.sedarplus.ca and with the SEC on its profile on EDGAR at www.sec.gov. Although the Company believes that any forward-looking information and statements herein are reasonable, in light of the use of assumptions and the significant risks and uncertainties inherent in such information and statements, there can be no assurance that any such forward-looking information and statements and should not place undue reliance upon such forward-looking information and statements. Any forward-looking information and statements herein are made as of the date hereof, and except as required by applicable laws, the Company assumes no obligation and disclaims any intention to update or revise any forward-looking information and statements herein or to update the reasons that actual events or results could or do differ from those projected in any forward-looking information and statements herein, whether as a result of new information, future events or results, or otherwise, except as required by applicable laws.

The Canadian Securities Exchange has not reviewed, approved or disapproved the content of this news release.

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EVP, Investor Relations & Strategy, Rebecca Koar, IR@awholdings.com, (617) 453-4042 ext. 90102